

Veggie Nuggets

Valeur nutritive / Nutrition facts		
Portion 4 pépites (80 g) / Serving Size 4 Nuggets (80 g)		
Portions par contenant environ 4 (300 g) / 62.5 (5,000 g) Serving Per Container about 4 (300 g) / 62.5 (5,000 g)		
Teneur par portion / Amount Per Serving		
Calories / Calories 190 (780 kJ)		
Calories provenant des lipides / Calories from fat 80		
% valeur quotidienne / % Daily Value		
Lipides / Total Fat	9 g	14%
Saturés / Saturated	1.5 g	7%
+Trans / Trans	0 g	
Cholestérol / Cholesterol	0 mg	0%
Sodium / Sodium	420 mg	18%
Glucides / Total Carbohydrates	18 g	6%
Fibres alimentaires / Dietary Fibres	2 g	10%
Sucres / Sugars	2 g	
Protéines / Protein	8 g	
Vitamine A / Vitamin A		10%
Vitamine C / Vitamin C		6%
Calcium / Calcium		2%
Fer / Iron		6%
* Pourcentage de la valeur quotidienne selon un régime alimentaire de 2 000 calories. Calories par gramme : Lipides 9 Glucides 4 Protéines 4		
* Percent Daily Values are based on a 2,000 Calorie diet. Calories per gram: Fat 9 Carbohydrates 4 Protein 4		